



	G = Great	F = Fearless	C = Clinicians	C = Create	S = Solutions
Age	Gross Motor	Fine Motor	Communication	Cognitive	Social-Emotional
2 years	Runs; throws ball	Digital pronate grasp on crayon Inserts shapes Self-feeds (spoon); helps dress	Speaks 2-word phrases Chews & swallows; no eating concern	Imitates after; simple pretend; makes choice between 2 items	Gets parent to help Likes to please; no sharing meals concern Tries to re-initiate people games; parallel play with peers
2.5 years	Jumps Kicks large ball	Stacks 6 cubes Uses spoon & drinks from open cup with 2 hands well; removes socks & shoes	Reports events	Matches shapes Assigns imaginary properties Pretend sequence	Shares with peers when prompted Indicates need to be changed (bowel)
3 years	Stands on 1 foot	Grasps scissors to snip; does 3–4-piece jigsaw puzzle; sees to thread beads Uses fork well; removes shirt & pants	Follows 2-step directions; understands conversation overheard Speaks 3- to 4-word sentences No eating or self-feeding concerns; 4-6 meals / snacks daily	Object constancy; sorts objects; recognizes routine rules	Shares emotions With peers back & forth play, role play, toys 'get into character' Indicates need to be changed (bladder)
4 years	Walks up & down stairs alternating feet, without support	Copies I & — lines Drinks from open cup with 1 hand well; dresses shirt & pants	Makes back & forth conversation Follows 3 basic directions in order given Describes experiences Hears for speech 50%+ understood	Theory of mind; remembers / anticipates the daily routine	Self-calms or seeks parent to help calm Signals or takes self to void
5 years	Hops on 1 foot; sees to catch large ball	Mature pencil grasp; self-feeds (chopsticks, helped by parent) Cuts straight line with scissors	Talks for many purposes Hears for speech 75%+ understood Chews larger pieces of raw vegetables	Counts objects to 6 Concentrates for 15 minutes	Says problem & feeling Elaborate imaginary play with peers

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